St. Paul's College Physical Education Department Weekly Bulletin (Oct. 28 to Nov. 2)

Time F.4D) -Stanton Cup (F.5D vs F.6A) -Junior I/C Table Tennis Competition (F.1F vs F.1A and F.1D vs F.2C) After school Practice -Football Team Practice (Sun Yat Sen Memorial Park) Others F.4D) -Smith Cup (F.5D vs F.6E) -Junior I/C Table Tennis Competition (F.2A vs F.1D / F.2C) F.5C) F.5C) F.5A) -Junior I/C Table Tennis Competition (Final) F.5C) F.5A) -Junior I/C Table Tennis Competition (Final) -Basketball Team (C grade, 12:30 to -A grade I/S Table- Competition (F.00 -Athletics Team Practice (B grade) -Table-tennis Team Practice (Sun Yat Sen Memorial Park) -A grade I/S Basketball -A grade I/S Basketball -A grade I/S Basketball -A grade I/S Basketball		28/10 (Mon.)	29/10 (Tue.)	30/10 (Wed.)	31/10 (Thu)	1/11 (Fri)	2/11 (Sat.)
-Stanton Cup (F.5D vs F.6A) -Junior I/C Table Tennis Competition (F.1F vs F.1A and F.1D vs F.2C) After school Practice -Football Team Practice (Sun Yat Sen Memorial Park) Others -Smith Cup (F. 5D vs F. 6E) -Junior I/C Table Tennis Competition (F.2A vs F.1D / F.2C) -Achieve Tennis Competition (F.2A vs F.1D / F.2C) -Basketball Team Practice (B grade) -Table-tennis Team Practice -Handball Team Practice -Handball Team Practice -Handball Team Practice -Handball Team Practice -Achieve Team Practice -Handball Team Practice -Handball Team Practice -Achieve Team Practice -Basketball Team Practice -Football Team Practice -Footb	Lunch	-Smith Cup (F.5E vs	-Stanton Cup (F. 3F vs	-Stanton Cup (F.4B. vs	-Stanton Cup (F.4F vs	-Stanton Cup (F.5E vs	- Archery Team Practice
F.6A) Junior I/C Table Tennis Competition (F.1F vs F.1A and F.1D vs F.2C) After school Practice -Football Team Practice (Sun Yat Sen Memorial Park) - Atherica (A grade) - At	Time	F.4D)	F.3A)	F.5C)	F.5A)	F.4C)	(9:00 to 11:00)
Junior I/C Table Tennis Competition (F.1F vs F.1A and F.1D vs F.2C) After school Practice -Football Team Practice (Sun Yat Sen Memorial Park) -Junior I/C Table Tennis -Dunior I/C Table Tennis -Competition (F.2A vs F.1D / F.2C) -Athletics Team Practice (B grade) -Athletics Team Practice (B grade) -Archery Team Practice (Sun Yat Sen Memorial Park) -Archery Team Practice (A grade) -Basketball Team Practice -Basketball Team Practice -Handball Team Practice -Handball Team Practice -Handball Team Practice -Handball Team Practice -A grade I/S Basketball		-Stanton Cup (F.5D vs	-Smith Cup (F. 5D vs		-Junior I/C Table Tennis		-Archery Training Class
Competition (F.1F vs F.1A and F.1D vs F.2C) F.1A and F.1D vs F.2C) F.2C) F.2C) After school Practice - Badminton Team Practice (Sun Yat Sen Memorial Park) Others Competition (F.2A vs F.1D / F.2C) F.		F.6A)	F. 6E)		Competition (Final)		(13:00 to 15:00)
F.1A and F.1D vs F.2C)		-Junior I/C Table Tennis	-Junior I/C Table Tennis				- Basketball Team Practice
After school Practice -Football Team Practice (Sun Yat Sen Memorial Park) Others -After -Table-tennis Team -Athletics Team Practice -Badminton Team Practice (B grade) -Archery Team Practice -Basketball Team Practice (B grade) -Table-tennis Team -A grade I/S Basketball Team Practice (A grade) -Fencing Team Practice -Football Team Practice (Sun Yat Sen Memorial Park) -Agrade I/S Table-tennis Team Practice -Basketball Team Practice -Table-tennis Team Practice -A grade I/S Basketball Team Practice -Football Team Practice (SCAA) -Agrade I/S Basketball Team Practice (SCAA)		Competition (F.1F vs	Competition (F.2A vs F.1D /				(C grade, 12:30 to 14:30)
After Fractice -Football Team Practice (Sun Yat Sen Memorial Park) Others -Agrade I/S Table-Agrade I/S Table-Fractice (B grade) -Agrade I/S Table-Fractice (B grade) -Basketball Team Practice (B grade) -Table-tennis Team Practice (B grade) -Table-tennis Team Practice (B grade) -Table-tennis Team Practice -Football Team Practice -Basketball Team Practice -Bowling Team Practice (SCAA) -A grade I/S Basketball		F.1A and F.1D vs F.2C)	F.2C)				- Basketball Team Practice
After school Practice -Badminton Team Practice (B grade) (C grade) (A grade) (Sun Yat Sen Memorial Park) -Athletics Team Practice (A grade) (A grade) (Sun Yat Sen Memorial Park) -Athletics Team Practice (A grade) (A grade) (A grade) (A grade) (B grade) (B grade) (C grade) (A grade) (A grade) (A grade) (B							(B grade, 14:30 to 16:30)
school Practice -Badminton Team Practice -Football Team Practice (Sun Yat Sen Memorial Park) -Basketball Team Practice (A grade) -Table-tennis Team Practice -Basketball Team Practice (A grade) -Table-tennis Team Practice Practice -Handball Team Practice -Handball Team Practice (SCAA) Others -Badminton Team Practice (A grade) -Fencing Team Practice -Football Team Practice (SCAA) Tokwawan Sports -Badminton Team Practice -Football Team Practice (SCAA)							-A grade I/S Table-tennis
-Football Team Practice (Sun Yat Sen Memorial Park) -Basketball Team Practice (A grade) -Handball Team Practice -Hockey Team Practice (SCAA) -A grade I/S Basketball	After	-Table-tennis Team	-Athletics Team Practice	-Basketball Team Practice	-Basketball Team Practice	-Basketball Team Practice	Competition (8:00
(Sun Yat Sen Memorial Park) -Basketball Team Practice (A grade) -Handball Team Practice -Hockey Team Practice (SCAA) Others -Football Team Practice -Bowling Team Practice (SCAA)	school	Practice	-Badminton Team Practice	(B grade)	(C grade)	(A grade)	Tokwawan Sports Centre)
Park) (A grade) -Handball Team Practice -Hockey Team Practice (SCAA) Others -A grade I/S Basketball		-Football Team Practice	- Archery Team Practice	-Table-tennis Team	-Badminton Team	-Fencing Team Practice	
Others -A grade I/S Basketball		(Sun Yat Sen Memorial	-Basketball Team Practice	Practice	Practice	-Football Team Practice	
Others -A grade I/S Basketball		Park)	(A grade)	-Handball Team Practice	-Hockey Team Practice	-Bowling Team Practice	
						(SCAA)	
	Others				-A grade I/S Basketball		
Competition (17:00 Chai					Competition (17:00 Chai		
Wan Sports Centre)					Wan Sports Centre)		